

SPORTING FUNDRAISER IDEAS 2024



FUTURE DREAMS

O2 Climb

Marathon

London to Brighton Cycle

Three Peaks

Triathlon

Royal Parks

South Downs



Adrenaline

Run

Cycle

Trek

Mixed

Run

Trek

Could you overcome a fear of heights to scale the O2 Arena in aid of Future Dreams? This exhilarating and steep climb delivers incredible views of London and a genuine sense of accomplishment.

Do you have what it takes to complete the training to become one of the elite? Only 0.17% of the world's population have run a marathon. Will it be your turn next? Lace up your trainers, get running and tell us when you're ready!

This iconic 54 mile bike ride will take you from the city to the beach. Starting in Clapham Common then through London towards the countryside and ending in Brighton. If you've got a bike and the determination, then do get in touch.

This is considered to be one of Britain's toughest outdoor challenges. You will scale the dizzy heights of Ben Nevis (1,344m), Scafell Pike (978m) and Snowdon (1,085m) all within 24 hours. Have you got what it takes to take on this epic challenge?

Are you a superhero who can swim, cycle and run? If so, then you might like to tackle an endurance multisport race. If a triple discipline challenge sounds perfect for you, then let us support you through every stroke, peddle and step of the way.

This event is great for first time racers, as the course is fairly flat and the training takes place throughout the warmer months. The beautiful 13.1-mile route takes you through Hyde Park, The Green Park, St James's Park and Kensington Gardens. Do you want in?

After the success of our inaugural trek during Breast Cancer Awareness Month, we are putting together an even bigger group to take on the South Downs. Would you like to join our team and trek along the Seven Sisters to help us raise awareness and funds.

Feeling inspired to take on a challenge in aid of Future Dreams Breast Cancer Charity? Would you like to go head-to-head with a sibling to see who is triumphant in a Half Marathon, or perhaps band together a team of colleagues to defeat a Nuts Challenge or Tough Mudder together?

If you've got the passion to take on a sporting challenge, email Claire@futuredreams.org.uk and let us get you started!